



78th PRECINCT YOUTH COUNCIL FUNDAMENTALS CHECKLIST

FIRST BASEMAN

Footwork-fielding throw	Both feet on bag stretch to throw not fielder
Double Plays	Field , turn and throw to inside of diamond
Toss to Pitcher Covering	Communicate and toss to bag, lead pitcher
Fielding Bunts	Charge, field and listen for communications
Fence play	Get to fence, find it and catch ball
Cut-Off	Cut-off all throws to home from center over to right
Tag play	Straddle bag, receive throw, swipe tag

SECOND BASEMAN

Double Plays	Receive throw from SS with left foot on back, step out of baseline and throw, strong underhand toss to SS
Tag plays	Straddle bag, receive throw, swipe tag
Cut-Off	Take cutoff from right center to right field
Slow roller	Charge ball, field bare handed and throw off back foot
Backing up pitcher	With runners on back up all throws form catcher back to pitcher

SHORTSTOP

Double plays	Take throw on come backer, time throw from 2B and drag foot across bag
Tag plays	Straddle bag , receive throw, swipe tag
Cut-Off	Take all cutoffs from left center to left field
Slow roller	Charge ball, field bare handed and throw off back foot
Backing up pitcher	With runners on back up all throws form catcher back to pitcher

THIRD BASEMAN

Double Plays	Tag third throw to first or throw to 2B at the bag
Tag plays	Straddle bag, receive throw, swipe tag
Slow roller	Charge hard, field one handed, throw off back foot

CATCHERS

Blocking	Glove to ball, knees to glove, slide out to ball, drop hands to ground, knees to hands, head down shoulders turned in
Throwing to bases	Catch ball and bring glove and hand to ear for throw, throw from ear
Fielding pop-ups	Take off mask and find the ball, turn back to infield, throw mask out of way
Tag plays	Straddle home, receive throw, swipe tag or drop to knees and block plate if in possession of ball early
Force play	Receive throw with right foot on plate like first baseman
Giving signs	Glove hanging off left knee, sign given deep in crotch
Backing up bases	Trail batter-runner to first with nobody on
Framing the pitch	Move glove over plate on pitch outside strike zone
Communicate	1 st and 3 rd situations, number of outs, whose go the bag, etc
Fielding bunts	Field bunt by scooping with both hands, standing sideways, throw to baseman target either inside or outside bag, should be inside most of the time

PITCHERS

Covering 1B	Run to line and run up line with glove up, receive throw and step on bag with right foot
Fielding	Come backer-know who has bag, turn and throw to bag, on plays to first field ball and step and make a good sharp throw- no lobs or soft throws
Covering Home	If pitch is in the dirt charge home right away, do not wait to see if runner is going look at 3 rd while charging, field throw and swipe the tag
Backing up bases	Runner on 1B back up third on base hit, no runners on back up 2B on base hit to outfield

OUTFIELDERS

Charging ground balls	Charge ground balls and field in front while moving with runners on
Throwing	Get in front of ball, field, and crow hop
Going back on Fly ball	Drop step and turn and run, don not back pedal
Fielding Fly ball	Circle ball and field it above head while in good throwing position
Sun Play	Shield eyes from sun with glove
Throwing to cut-off man	Always throw into cutoff man
Backing up bases	Back up on all plays to bases, steals, double plays, etc

GENERAL FUNDAMENTALS

Rundown	Chase runner back to base he came from, never fake throw, throw to teammate and follow ball
Catcher/Pitcher Runner on 3 rd	Catcher look runner back while staying in catchers box, look at pitcher and throw back to pitcher, pitcher looks at runner while taking position on mound, catcher remains ready in catchers box
Receiving Signs	After take, bunt, steal, indicator, hit and run, get in box. Batter will look down after every pitch while keeping on foot in batter's box and will not get in box until hands are clapped